

Pastry Sampler's Conversions to Metric Measurements

These are approximate conversion amounts to help convert US amounts to Metric amounts.

teaspoon to milliliter

t × 5 to get aprox. equiv. mL

Tablespoon to milliliter

T × 15 to get aprox. equiv. mL

fluid ounce to milliliter

fl. oz. × 30 to get aprox. equiv. mL

cup to liter

c × .24 to get aprox. equiv. L

pint to liter

pt × .47 to get aprox. equiv. L

quart to liter

qt × .95 to get aprox. equiv. L

gallon to liter

gal × 3.8 to get aprox. equiv. L

ounce to gram

oz × 28.35 to get g

pound to kilogram

lb × .45 to get aprox. equiv. kg

inch to centimeter

in × 2.5 to get aprox. equiv. cm